invitrogen USER GUIDE

Human IL-18 ELISA Kit

Enzyme-linked Immunosorbent Assay for quantitative detection of human IL-1 B

Catalog Numbers BMS224-2 or BMS224-2TEN

Pub. No. MAN0016591 Rev. D.0 (33)



WARNING! Read the Safety Data Sheets (SDSs) and follow the handling instructions. Wear appropriate protective eyewear, clothing, and gloves. Safety Data Sheets (SDSs) are available from **thermofisher.com/support**.

Product description

The Human IL-1 β ELISA Kit is an enzyme-linked immunosorbent assay for the quantitative detection of human IL-1 beta.

Summary

Interleukin-1 (IL-1), originally described in 1972 as lymphocyte activating factor (LAF) for its effects on thymocytes, is a polypeptide cytokine with two molecular forms. Both forms appear to mediate identical ranges of biological activity which include synthesis of the acute phase proteins by hepatocytes, chemotaxis of polymorphonucleocytes, and release of polymorphonucleocytes from blood and bone marrow. These effects coined the acronym leukocyte endogenous mediator (LEM). Early researchers also called IL-1 beta endogenous pyrogen, and it has been shown to induce fever and is thought to contribute to wasting of muscles (PIF, proteolysis inducing factor). Other activities associated with IL-1 are the induction of Prostaglandin E2 by synovial cells and release of collagenase with resulting destruction of cartilage and bone resorption (catabolin, osteoclast activation factor). In addition, IL-1, has multiple immunological functions including enhancement of IL-2 production by T cells and activation of B-cells (BAF) and thymocytes. A true pleiotrope, IL-1 may have tumoricidal activity via its release of IL-2 and interferon γ and be indirectly antiviral by stimulating fibroblasts to release interferon beta. In its role as mediator of sepsis, IL-1 has most recently been described as enhancing the growth of virulent E.coli.

The two distinct molecular forms of IL-1 are thought to be derived from two genes. After transcription, as 31 kD precursor polypeptide is cleaved to give rise to mostly cell membrane associated IL-1 alpha and secreted IL-1 beta. Both have the same molecular weight of 15 kD, but have different isoelectric points of 5 and 7, respectively.

Despite sequence homology of only 20%, both forms are thought to bind to the same receptor. IL-1 inhibitors that vary only in their degree of glycosylation have been described to bind to the IL-1 receptor. These inhibitors are structurally related to IL-1 beta and may be important in regulation of IL-1 beta action.

For literature update refer to our website.

Principles of the test

An anti-human IL-1 beta coating antibody is adsorbed onto microwells.

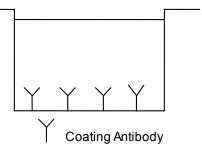


Fig. 1 Coated microwell

Human IL-1 beta present in the sample or standard binds to antibodies adsorbed to the microwells. A biotin-conjugated anti-human IL-1 beta antibody is added and binds to human IL-1 beta captured by the first antibody.

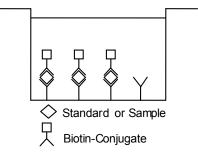


Fig. 2 First incubation

Following incubation unbound biotin-conjugated anti-human IL-1 beta antibody is removed during a wash step. Streptavidin-HRP is added and binds to the biotin-conjugated anti-human IL-1 beta antibody.

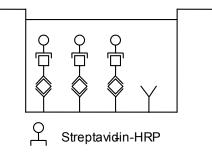
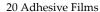
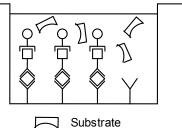


Fig. 3 Second incubation

Following incubation unbound Streptavidin-HRP is removed during a wash step, and substrate solution reactive with HRP is added to the wells.





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Fig. 4 Third incubation

A colored product is formed in proportion to the amount of human IL-1 beta present in the sample or standard. The reaction is terminated by addition of acid and absorbance is measured at 450 nm. A standard curve is prepared from 7 human IL-1 beta standard dilutions and human IL-1 beta sample concentration determined.

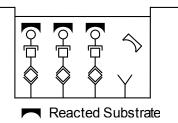


Fig. 5 Stop reaction

Reagents provided

Reagents for Human IL-18 ELISA Kit BMS224-2 (96 tests)

1 aluminum pouch with a Microwell Plate (12 strips with 8 well each) coated with monoclonal antibody to human IL-1 beta

1 vial (70 μ L) Biotin-Conjugate anti-human IL-1 beta monoclonal antibody

1 vial (150 μL) Streptavidin-HRP

2 vials human IL-1 beta Standard lyophilized, 500 pg/mL upon reconstitution

1 vial Control high, lyophilized

1 vial Control low, lyophilized

1 vial (12 mL) Sample Diluent

1 vial (5 mL) Assay Buffer Concentrate 20x (PBS with 1% Tween 20, 10% BSA)

1 bottle (50 mL) Wash Buffer Concentrate 20x (PBS with 1% Tween 20)

1 vial (15 mL) Substrate Solution (tetramethyl-benzidine)

1 vial (15 mL) Stop Solution (1M Phosphoric acid)

4 Adhesive Films

Reagents for Human IL-1B ELISA Kit BMS224-2TEN (10x96 tests)

 $10~{\rm aluminum}$ pouches with a Microwell Plate (12 strips with 8 well each) coated with monoclonal antibody to human IL-1 beta

 $10\ vials\ (70\ \mu L)$ Biotin-Conjugate anti-human IL-1 beta monoclonal antibody

 $10 \text{ vials } (150 \text{ }\mu\text{L}) \text{ Streptavidin-HRP}$

10 vials human IL-1 beta Standard lyophilized, 500 pg/mL upon reconstitution

10 vials Control high, lyophilized

10 vials Control low, lyophilized

7 vials (12 mL) Sample Diluent

2 vials (5 mL) Assay Buffer Concentrate 20x (PBS with 1% Tween 20, 10% BSA)

4 bottles (50 mL) Wash Buffer Concentrate 20x (PBS with 1% Tween 20) 10 vials (15 mL) Substrate Solution (tetramethyl-benzidine)

1 vial (100 mL) Stop Solution (1M Phosphoric acid)

Storage instructions - ELISA kit

Store kit reagents between 2° and 8°C except controls. Store lyophilized controls at -20°C.

Immediately after use remaining reagents should be returned to cold storage (2° to 8°C). Expiry of the kit and reagents is stated on labels.

Expiry of the kit components can only be guaranteed if the components are stored properly, and if, in case of repeated use of one component, this reagent is not contaminated by the first handling.

Sample collection and storage instructions

Cell culture supernatant, serum, plasma (citrate and heparin), and urine were tested with this assay. Other biological samples might be suitable for use in the assay.

Remove serum or plasma from the clot or cells as soon as possible after clotting and separation. Samples containing a visible precipitate must be clarified prior to use in the assay. Do not use grossly hemolyzed or lipemic samples.

Samples should be aliquoted and must be stored frozen at -20°C to avoid loss of bioactive human IL-1 beta. If samples are to be run within 24 hours, they may be stored at 2–8°C (refer to "Sample stability" on page 6). Avoid repeated freeze-thaw cycles. Prior to assay, the frozen sample should be brought to room temperature slowly and mixed gently. Do not thaw samples in a 37°C water bath. Do not vortex or sharply agitate samples.

Materials required but not provided

- 5 mL and 10 mL graduated pipettes
- 5 µL to 1000 µL adjustable single channel micropipettes with disposable tips
- 50 μL to 300 μL adjustable multichannel micropipette with disposable tips
- Multichannel micropipette reservoir
- Beakers, flasks, cylinders necessary for preparation of reagents
- Device for delivery of wash solution (multichannel wash bottle or automatic wash system)
- Microwell strip reader capable of reading at 450 nm (620 nm as optional reference wave length)
- · Glass-distilled or deionized water
- Statistical calculator with program to perform regression analysis

Precautions for use

- All chemicals should be considered as potentially hazardous. We
 therefore recommend that this product is handled only by those
 persons who have been trained in laboratory techniques and that it
 is used in accordance with the principles of good laboratory
 practice. Wear suitable protective clothing such as laboratory
 overalls, safety glasses, and gloves. Care should be taken to avoid
 contact with skin or eyes. In the case of contact with skin or eyes
 wash immediately with water. See material safety data sheet(s)
 and/or safety statement(s) for specific advice.
- Reagents are intended for research use only and are not for use in diagnostic or therapeutic procedures.
- Do not mix or substitute reagents with those from other lots or other sources
- Do not use kit reagents beyond expiration date on label.
- Do not expose kit reagents to strong light during storage or incubation.
- Do not pipet by mouth.
- Do not eat or smoke in areas where kit reagents or samples are handled.
- Avoid contact of skin or mucous membranes with kit reagents or samples.
- Rubber or disposable latex gloves should be worn while handling kit reagents or samples.
- Avoid contact of substrate solution with oxidizing agents and metal.

- Avoid splashing or generation of aerosols.
- To avoid microbial contamination or cross-contamination of reagents or samples that may invalidate the test, use disposable pipette tips and/or pipettes.
- Use clean, dedicated reagent trays for dispensing the conjugate and substrate reagent.
- Exposure to acid inactivates the conjugate.
- Glass-distilled water or deionized water must be used for reagent preparation.
- Substrate solution must be at room temperature prior to use.
- Decontaminate and dispose samples and all potentially contaminated materials as if they could contain infectious agents.
 The preferred method of decontamination is autoclaving for a minimum of 1 hour at 121.5°C.
- Liquid wastes not containing acid and neutralized waste may be mixed with sodium hypochlorite in volumes such that the final mixture contains 1.0% sodium hypochlorite. Allow 30 minutes for effective decontamination. Liquid waste containing acid must be neutralized prior to the addition of sodium hypochlorite.

Preparation of reagents

- 1. Buffer Concentrates should be brought to room temperature and should be diluted before starting the test procedure.
- 2. If crystals have formed in the Buffer Concentrates, warm them gently until they have completely dissolved.

Wash buffer (1x)

- Pour entire contents (50 mL) of the Wash Buffer Concentrate (20x) into a clean 1000 mL graduated cylinder. Bring to final volume of 1000 mL with glass-distilled or deionized water.
- 2. Mix gently to avoid foaming.
- **3.** Transfer to a clean wash bottle and store at 2° to 25°C. Please note that Wash Buffer (1x) is stable for 30 days.
- 4. Wash Buffer (1x) may also be prepared as needed according to the following table:

Number of Strips	Wash Buffer Concentrate (20x) (mL)	Distilled Water (mL)
1 - 6	25	475
1 - 12	50	950

Assay buffer (1x)

- Pour the entire contents (5 mL) of the Assay Buffer Concentrate (20x) into a clean 100 mL graduated cylinder. Bring to final volume of 100 mL with distilled water. Mix gently to avoid foaming.
- 2. Store at 2° to 8°C. Please note that the Assay Buffer (1x) is stable for 30 days.
- 3. Assay Buffer (1x) may also be prepared as needed according to the following table:

Number of Strips	Assay Buffer Concentrate (20x) (mL)	Distilled Water (mL)
1 - 6	2.5	47.5
1 - 12	5.0	95.0

Biotin-Conjugate

Note: The Biotin-Conjugate should be used within 30 minutes after dilution

Make a 1:100 dilution of the concentrated Biotin-Conjugate solution with Assay Buffer (1x) in a clean plastic tube as needed according to the following table:

Number of Strips	Biotin-Conjugate (mL)	Assay Buffer (1x) (mL)
1 - 6	0.03	2.97
1 - 12	0.06	5.94

Streptavidin-HRP

Note: The Streptavidin-HRP should be used within 30 minutes after dilution.

Make a 1:200 dilution of the concentrated Streptavidin-HRP solution with Assay Buffer (1x) in a clean plastic tube as needed according to the following table:

Number of Strips	Streptavidin-HRP (mL)	Assay Buffer (1x) (mL)
1 - 6	0.03	5.97
1 - 12	0.06	11.94

Human IL-1 beta standard

- Reconstitute human IL-1 beta standard by addition of distilled water. Reconstitution volume is stated on the label of the standard vial. Swirl or mix gently to insure complete and homogeneous solubilization (concentration of reconstituted standard = 500 pg/mL). Allow the reconstituted standard to sit for 10-30 minutes. Mix well prior to making dilutions.
- After usage remaining standard cannot be stored and has to be discarded.
- 3. Standard dilutions can be prepared directly on the microwell plate (see "Test protocol" on page 4) or alternatively in tubes (see "External standard dilution" on page 3).

External standard dilution

- 1. Label 7 tubes, one for each standard point: S1, S2, S3, S4, S5, S6, S7.
- 2. Then prepare 1:2 serial dilutions for the standard curve as follows: Pipette 225 μL of Sample Diluent into each tube.
- 3. Pipette 225 μ L of reconstituted standard (concentration = 500 pg/mL) into the first tube, labeled S1, and mix (concentration of standard 1 = 250 pg/mL).
- Pipette 225 µL of this dilution into the second tube, labeled S2, and mix thoroughly before the next transfer.
- Repeat serial dilutions 5 more times thus creating the points of the standard curve (see Figure 6).

Sample Diluent serves as blank.

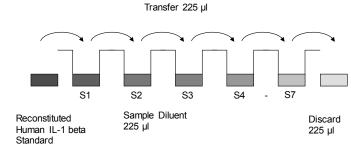


Fig. 6 Dilute standards - tubes

Controls

Reconstitute lyophilized controls by addition of distilled water (10-30 minutes). Reconstitution volume is stated on the label of the control vial. Swirl or mix gently to ensure complete and homogeneous solubilization. Further treat the controls like your samples in the assay. For control range please refer to certificate of analysis. Store reconstituted controls aliquoted at -20°C.

Avoid repeated freeze and thaw cycles.

Test protocol

- Determine the number of microwell strips required to test the
 desired number of samples plus appropriate number of wells
 needed for running blanks and standards. Each sample, standard,
 blank and optional control samples should be assayed in
 duplicate. Remove extra microwell strips from holder and store in
 foil bag with the desiccant provided at 2°-8°C sealed tightly.
- 2. Wash the microwell strips twice with approximately $400~\mu$ L Wash Buffer per well with thorough aspiration of microwell contents between washes. Allow the Wash Buffer to sit in the wells for about 10-15 seconds before aspiration. Take care not to scratch the surface of the microwells.
 - After the last wash step, empty wells and tap microwell strips on absorbent pad or paper towel to remove excess Wash Buffer. Use the microwell strips immediately after washing. Alternatively microwell strips can be placed upside down on a wet absorbent paper for not longer than 15 minutes. Do not allow wells to dry.
- 3. Standard dilution on the microwell plate (Alternatively the standard dilution can be prepared in tubes see "External standard dilution" on page 3):

Add 100 μL of Sample Diluent in duplicate to all standard wells. Pipette 100 μL of prepared standard (see "Human IL-1 beta standard" on page 3, concentration = 500.0 pg/mL) in duplicate into well A1 and A2 (see Table 1). Mix the contents of wells A1 and A2 by repeated aspiration and ejection (concentration of standard 1, S1 = 250.0 pg/mL), and transfer 100 μL to wells B1 and B2, respectively (see Figure 7). Take care not to scratch the inner surface of the microwells. Continue this procedure 5 times, creating two rows of human IL-1 beta standard dilutions ranging from 250.0 to 3.9 pg/mL. Discard 100 μL of the contents from the last microwells (G1, G2) used.

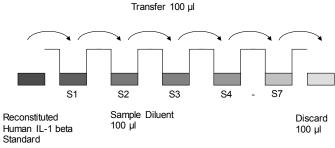


Fig. 7 Dilute standards - microwell plate

 $\begin{tabular}{ll} \textbf{Table 1} & Example of the arrangement of blanks, standards and samples in the microwell strips \\ \end{tabular}$

	1	2	3	4
А	Standard 1 250.0 pg/mL	Standard 1 250.0 pg/mL	Sample 1	Sample 1
В	Standard 2 125.0 pg/mL	Standard 2 125.0 pg/mL	Sample 2	Sample 2
С	Standard 3 62.5 pg/mL	Standard 3 62.5 pg/mL	Sample 3	Sample 3
D	Standard 4 31.3 pg/mL	Standard 4 31.3 pg/mL	Sample 4	Sample 4
Е	Standard 5 15.6 pg/mL	Standard 5 15.6 pg/mL	Sample 5	Sample 5
F	Standard 6 7.8 pg/mL	Standard 6 7.8 pg/mL	Sample 6	Sample 6
G	Standard 7 3.9 pg/mL	Standard 7 3.9 pg/mL	Sample 7	Sample 7
Н	Blank	Blank	Sample 8	Sample 8

In case of an external standard dilution (see "External standard dilution" on page 3), pipette 100 μL of these standard dilutions (S1 - S7) in the standard wells according to Table 1.

- **4.** Add 100 μL of Sample Diluent in duplicate to the blank wells.
- 5. Add $50 \mu L$ of Sample Diluent to the sample wells.
- 6. Add $50 \mu L$ of each sample in duplicate to the sample wells.

- 7. Prepare Biotin-Conjugate (see "Biotin-Conjugate" on page 3).
- 8. Add 50 μL of Biotin-Conjugate to all wells.
- 9. Cover with an adhesive film and incubate at room temperature (18 to 25°C) for 2 hours, if available on a microplate shaker.
- **10.** Prepare Streptavidin-HRP (refer to "Streptavidin-HRP" on page 3).
- 11. Remove adhesive film and empty wells. Wash microwell strips 3 times according to point 2. of the test protocol. Proceed immediately to the next step.
- 12. Add 100 μ L of diluted Streptavidin-HRP to all wells, including the blank wells.
- 13. Cover with an adhesive film and incubate at room temperature (18° to 25°C) for 1 hour, if available on a microplate shaker.
- 14. Remove adhesive film and empty wells. Wash microwell strips 3 times according to point 2. of the test protocol. Proceed immediately to the next step.
- 15. Pipette 100 µL of TMB Substrate Solution to all wells.
- **16.** Incubate the microwell strips at room temperature (18° to 25°C) for about 10 minutes. Avoid direct exposure to intense light.

The color development on the plate should be monitored and the substrate reaction stopped (see next point of this protocol) before positive wells are no longer properly recordable. Determination of the ideal time period for color development has to be done individually for each assay.

It is recommended to add the stop solution when the highest standard has developed a dark blue color. Alternatively the color development can be monitored by the ELISA reader at 620 nm. The substrate reaction should be stopped as soon as Standard 1 has reached an OD of 0.9-0.95.

- 17. Stop the enzyme reaction by quickly pipetting 100 μ L of Stop Solution into each well. It is important that the Stop Solution is spread quickly and uniformly throughout the microwells to completely inactivate the enzyme. Results must be read immediately after the Stop Solution is added or within one hour if the microwell strips are stored at 2 8°C in the dark.
- 18. Read absorbance of each microwell on a spectro-photometer using 450 nm as the primary wave length (optionally 620 nm as the reference wave length; 610 nm to 650 nm is acceptable). Blank the plate reader according to the manufacturer's instructions by using the blank wells. Determine the absorbance of both the samples and the standards.

Note: In case of incubation without shaking the obtained O.D. values may be lower than indicated below. Nevertheless the results are still valid.

Calculation of results

- Calculate the average absorbance values for each set of duplicate standards and samples. Duplicates should be within 20 percent of the mean value.
- Create a standard curve by plotting the mean absorbance for each standard concentration on the ordinate against the human IL-1 beta concentration on the abscissa. Draw a best fit curve through the points of the graph (a 5-parameter curve fit is recommended).
- To determine the concentration of circulating human IL-1 beta for each sample, first find the mean absorbance value on the ordinate and extend a horizontal line to the standard curve. At the point of intersection, extend a vertical line to the abscissa and read the corresponding human IL-1 beta concentration.
- If instructions in this protocol have been followed, samples have been diluted 1:2 (50 μ L sample + 50 μ L Sample Diluent) and the concentration read from the standard curve must be multiplied by the dilution factor (x 2).
- Calculation of samples with a concentration exceeding standard 1
 may result in incorrect, low human IL-1 beta levels. Such samples
 require further external predilution according to expected human
 IL-1 beta values with Sample Diluent in order to precisely
 quantitate the actual human IL-1 beta level.

- It is suggested that each testing facility establishes a control sample of known human IL-1 beta concentration and runs this additional control with each assay. If the values obtained are not within the expected range of the control, the assay results may be invalid.
- A representative standard curve is shown in Figure 8. This curve cannot be used to derive test results. Each laboratory must prepare a standard curve for each group of microwell strips assayed.

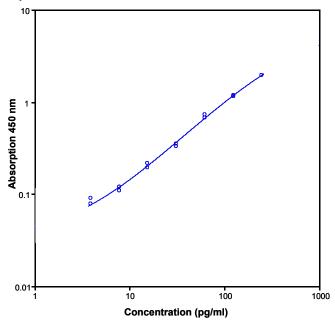


Fig. 8 Representative standard curve for human IL-1 beta ELISA. human IL-1 beta was diluted in serial 2-fold steps in Sample Diluent. Do not use this standard curve to derive test results. A standard curve must be run for each group of microwell strips assayed.

Table 2 Typical data using the human IL-1 beta ELISA Measuring wavelength: 450 nm
Reference wavelength: 620 nm

Standard	Human IL-1 beta Concentration (pg/mL)	0.D. at 450 nm	Mean O.D. at 450 nm	C.V. (%)
1	250.0	1.947 1.960	1.953	2.0
2	125.0	1.173 1.147	1.160	2.8
3	62.5	0.673 0.723	0.698	7.3
4	31.3	0.350 0.331	0.341	8.8
5	15.6	0.193 0.217	0.205	7.6
6	7.8	0.119 0.109	0.114	5.2
7	3.9	0.078 0.090	0.084	11.2
Blank	0	0.020 0.021	0.021	

The OD values of the standard curve may vary according to the conditions of assay performance (e.g. operator, pipetting technique, washing technique or temperature effects). Furthermore shelf life of the kit may affect enzymatic activity and thus color intensity. Values measured are still valid.

Limitations

- Since exact conditions may vary from assay to assay, a standard curve must be established for every run.
- Bacterial or fungal contamination of either screen samples or reagents or cross-contamination between reagents may cause erroneous results.
- Disposable pipette tips, flasks or glassware are preferred, reusable glassware must be washed and thoroughly rinsed of all detergents before use.
- Improper or insufficient washing at any stage of the procedure will
 result in either false positive or false negative results. Empty wells
 completely before dispensing fresh wash solution, fill with Wash
 Buffer as indicated for each wash cycle and do not allow wells to
 sit uncovered or dry for extended periods.
- The use of radioimmunotherapy has significantly increased the number of patients with human anti-mouse IgG antibodies (HAMA).

HAMA may interfere with assays utilizing murine monoclonal antibodies leading to both false positive and false negative results.

Serum samples containing antibodies to murine immunoglobulins can still be analyzed in such assays when murine immunoglobulins (serum, ascitic fluid, or monoclonal antibodies of irrelevant specificity) are added to the sample.

Performance characteristics

Sensitivity

The limit of detection of human IL-1 beta defined as the analyte concentration resulting in an absorbance significantly higher than that of the dilution medium (mean plus 2 standard deviations) was determined to be 0.3 pg/mL (mean of 6 independent assays).

Reproducibility

Intra-assay

Reproducibility within the assay was evaluated in 3 independent experiments. Each assay was carried out with 6 replicates of 8 serum samples containing different concentrations of human IL-1 beta. 2 standard curves were run on each plate. Data below show the mean human IL-1 beta concentration and the coefficient of variation for each

sample (see Table 3). The calculated overall intra-assay coefficient of variation was 5.1%.

Table 3 The mean human IL-1 beta concentration and the coefficient of variation for each sample

Sample	Experiment	Mean Human IL-1 beta Concentration (pg/mL)	Coefficient of Variation (%)
	1	434.9	3
1	2	509.6	2
	3	404.4	2
	1	199.5	4
2	2	201.6	3
	3	193.9	7
	1	99.8	5
3	2	126.0	4
	3	109.6	5
	1	47.6	8
4	2	60.4	4
	3	53.4	5
	1	299.8	3
5	2	358.0	4
	3	351.0	8
	1	162.8	5
6	2	175.1	8
	3	183.3	7
	1	82.6	5
7	2	102.5	5
	3	98.4	7
	1	49.4	5
8	2	62.0	6
	3	56.3	9

Inter-assay

Assay to assay reproducibility within one laboratory was evaluated in 3 independent experiments. Each assay was carried out with 6 replicates of 6 serum amples containing different concentrations of human IL-1 beta. 2 standard curves were run on each plate. Data below show the mean human IL-1 beta concentration and the coefficient of variation calculated on 18 determinations of each sample (see Table 4). The calculated overall inter-assay coefficient of variation was 8.6%.

Table 4 The mean human IL-1 beta concentration and the coefficient of variation of each sample

Sample	Mean Human IL-1 beta Concentration (pg/mL)	Coefficient of Variation (%)
1	198.3	2.1
2	111.7	11.8
3	336.2	9.5
4	173.7	5.9
5	94.5	11.1
6	55.9	11.3

Spike recovery

The spike recovery was evaluated by spiking 4 levels of human IL-1 beta into a normal serum sample. Recoveries were determined in 3 independent experiments with 8 replicates each. The unspiked serum was used as blank in these experiments. The overall mean recovery was 99%. Recoveries were shown to depend on the serum used.

Dilution parallelism

Three serum samples with different levels of IL-1 beta were assayed at 4 serial 2-fold dilutions (1:2-1:16) with 4 replicates each. Overall mean recovery was determined to be 109.9 %. Recoveries were shown to depend on the serum used.

Sample stability

Freeze-Thaw stability

Aliquots of serum samples (spiked or unspiked) were stored at -20°C and thawed 5 times, and the human IL-1 beta levels determined. There was no significant loss of human IL-1 beta immunoreactivity detected by freezing and thawing.

Storage stability

Aliquots of serum samples (spiked or unspiked) were stored at -20° C, $2-8^{\circ}$ C, room temperature, and at 37°C, and the human IL-1 beta level determined after 24 hours. There was no significant loss of human IL-1 beta immunoreactivity detected during storage at -20° C.

A significant loss of human IL-1 beta immunoreactivity was detected during storage at 2–8°C, room temperature, and at 37°C after 24 hours.

Specificity

The interference of circulating factors of the immune system was evaluated by spiking these proteins at physiologically relevant concentrations into a human IL-1 beta positive serum. No cross-reactivity detected.

Expected values

Panels of 40 serum as well as citrate and heparin plasma samples from randomly selected apparently healthy donors (males and females) were tested for human IL-1 beta. One positive citrate plasma sample was detected (8.7 pg/mL). Elevated human IL-1 beta levels depend on the type of immunological disorder.

Reagent preparation summary

Wash buffer (1x)

Add Wash Buffer Concentrate 20x (50 mL) to 950 mL distilled water.

Number of Strips	Wash Buffer Concentrate (mL)	Distilled Water (mL)
1 - 6	25	475
1 - 12	50	950

Assay buffer (1x)

Add Assay Buffer Concentrate 20x (5 mL) to 95 mL distilled water.

Number of Strips	Assay Buffer Concentrate (mL)	Distilled Water (mL)
1 - 6	2.5	47.5
1 - 12	5.0	95.0

Biotin-Conjugate

Make a 1:100 dilution of Biotin-Conjugate in Assay Buffer (1x):

Number of Strips	Biotin-Conjugate (mL)	Assay Buffer (1x) (mL)
1 - 6	0.03	2.97
1 - 12	0.06	5.94

Streptavidin-HRP

Make a 1:200 dilution of Streptavidin-HRP in Assay Buffer (1x):

Number of Strips	Streptavidin-HRP (mL)	Assay Buffer (1x) (mL)
1 - 6	0.03	5.97
1 - 12	0.06	11.94

Human IL-1 beta standard

Reconstitute lyophilized human IL-1 beta standard with distilled water. (Reconstitution volume is stated on the label of the standard vial.)

Controls

Reconstitute lyophilized controls by addition of distilled water (10-30 minutes). Reconstitution volume is stated on the label of the control vial.

Customer and technical support

Visit **thermofisher.com/support** for the latest service and support information.

- Worldwide contact telephone numbers
- Product support information
 - Product FAQs
 - Software, patches, and updates
 - Training for many applications and instruments
- Order and web support
- Product documentation
 - User guides, manuals, and protocols
 - Certificates of Analysis
 - Safety Data Sheets (SDSs; also known as MSDSs)
 Note: For SDSs for reagents and chemicals from other manufacturers, contact the manufacturer.

Test protocol summary

- 1. Determine the number of microwell strips required.
- 2. Wash microwell strips twice with Wash Buffer.
- 3. Standard dilution on the microwell plate: Add 100 μL Sample Diluent, in duplicate, to all standard wells. Pipette 100 μL prepared standard into the first wells and create standard dilutions by transferring 100 μL from well to well. Discard 100 μL from the last wells.
 - Alternatively external standard dilution in tubes (see "External standard dilution" on page 3): Pipette 100 μL of these standard dilutions in the microwell strips.
- 4. Add 100 μL Sample Diluent, in duplicate, to the blank wells.

- 5. Add $50 \mu L$ Sample Diluent to sample wells.
- **6.** Add 50 μL sample in duplicate, to designated sample wells.
- 7. Prepare Biotin-Conjugate.
- 8. Add 50 μL Biotin-Conjugate to all wells.
- Cover microwell strips and incubate 2 hours at room temperature (18° to 25°C).
- 10. Prepare Streptavidin-HRP.
- 11. Empty and wash microwell strips 3 times with Wash Buffer.
- 12. Add 100 μL diluted Streptavidin-HRP to all wells.
- **13.** Cover microwell strips and incubate 1 hour at room temperature (18° to 25°C).
- 14. Empty and wash microwell strips 3 times with Wash Buffer.
- 15. Add $100 \mu L$ of TMB Substrate Solution to all wells.
- **16.** Incubate the microwell strips for about 10 minutes at room temperature (18°to 25°C).
- 17. Add 100 µL Stop Solution to all wells.
- 18. Blank microwell reader and measure color intensity at 450 nm.

Note: If instructions in this protocol have been followed, samples have been diluted 1:2 (50 μ L sample + 50 μ L Sample Diluent) and the concentration read from the standard curve must be multiplied by the dilution factor (x 2).

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