# **Assay Methods**

**Protocol: Human Embryonic Stem Cell Culture** 



Basement membranes are continuous sheets of specialized extracellular matrix that are found at the dermal-epidermal junction, at the base of all lumen-lining epithelia throughout the digestive, respiratory, reproductive and urinary tracts, and that underlie parenchyma of endocrine and exocrine glands.

Corning® Matrigel® matrix is a soluble basement membrane extract of the Engelbreth-Holm-Swarm (EHS) mouse tumor that gels at room temperature to form a genuine reconstituted basement membrane.¹ The major components of Corning Matrigel matrix are laminin, collagen IV, entactin and heparan sulfate proteoglycan.²-³ Growth factors, collagenases, plasminogen activators, and other undefined components have also been reported in Corning Matrigel matrix.⁴-⁵

Corning Matrigel matrix has been used extensively as a substrate for culturing human embryonic stem (hES) cells with various conditioned or defined media. <sup>1-10</sup> Historically, hES cell derivation and culturing techniques utilized serum and/or mouse embryonic fibroblast (MEF) feeder layers. <sup>6</sup> An ideal environment for hES cell research consists of both a cell culture surface specifically qualified for hES cells, and a serum-free defined medium. Corning Matrigel hESC-qualified matrix and STEMCELL Technologies' mTeSR®1 (developed under the license from WiCell Research Institute<sup>7</sup>), a high quality surface and medium combination create the first complete environment to support feeder-independent expansion of hES cells.

Corning Matrigel hESC-qualified matrix is an optimized surface for stem cell research. Corning Matrigel has been qualified as mTeSR1-compatible by STEMCELL Technologies that provides reproducibility and consistency essential for hES cell research. Compatible with a variety of culture media, Corning Matrigel matrix has been widely accepted as a feeder-free substrate for the culture of hES cells.<sup>8,9,11</sup>

The following protocol is optimized for human embryonic stem (hES) cell culture using mTeSR1 media. To utilize an animal protein-free media, TeSR $^{\text{m}}$ 2 can be used according to the manufacturer's recommendations.

#### Materials:

- Corning Matrigel hESC-qualified matrix, 5 mL vial (Corning Cat. No. 354277).
- Falcon® Standard Tissue Culture-treated plate or dish (6-well flat-bottom plate, Corning Cat. No. 353046; or 100 mm dish, Corning Cat. No. 353003).
- mTeSR1 Medium kit (STEMCELL Technologies, Cat. No. 05850; Maintenance Medium for Human Embryonic Stem Cells).
- Dulbecco's Phosphate Buffered Saline (DPBS).
- L-Glutamine 200 mM.
- MEM Non-essential Amino Acids (e.g., Invitrogen Cat. No. 11140-050).
- Fetal Bovine Serum (FBS) Heat inactivated by heating to 56°C for 30 minutes.
- DMEM/F12 medium (Invitrogen Cat. No. 113330-032).
- β-Mercaptoethanol.
- Corning Dispase (Corning Cat. No. 354235).
- 0.2 μm, low-protein binding filter.
- Corning Delipidized BSA (Corning Cat. No. 354331).
- 10% Normal goat serum, or serum for blocking.

### **Equipment Required for hESC Culture:**

- Vertical laminar flow hood certified for Level II handling of biological materials.
- Humidified tissue culture incubator, 37°C, 5% CO<sub>2</sub> atmosphere.
- Low speed centrifuge (e.g., Beckman GS-6).
- Tabletop centrifuge (e.g., Eppendorf 5417R).
- Pipet-Aid® (e.g., Drummond Scientific).
- Hemacytometer (e.g., Nebauer, Reichert).
- Inverted microscope with 2X, 4X, and 10X phase objectives (e.g., Olympus CKX31).

## Procedure:

# 1.0 PREPARING ALIQUOTS OF CORNING® MATRIGEL® BASEMENT MATRIX

Thaw Corning Matrigel matrix overnight at 4°C on ice. Once thawed, swirl the vial to ensure the Corning Matrigel is evenly dispersed. Spray top of vial with 70% ethanol and air dry. Keep product on ice and handle using sterile technique. Dispense material into appropriate aliquots, using pre-cooled tubes, pipets and refreeze immediately. Avoid multiple freeze-thaws.

NOTE: If Corning Matrigel is not thawed properly, clumps can be seen in the solution. Keep Corning Matrigel vial on ice all the time while handling. Color variations may occur in frozen or thawed vials of Corning Matrigel hESC-qualified matrix, ranging from straw yellow to dark red due to the interaction of carbon dioxide with the bicarbonate buffer and phenol red. Variation in color is normal, does not affect product efficacy, and will disappear upon equilibration with 5% CO<sub>2</sub>.

### **Precautions**

- Corning Matrigel hESC-qualified matrix will gel rapidly at 22°C to 35°C.
- Storage: Corning Matrigel hESC-qualified matrix should be stored at -20°C. DO NOT STORE IN FROST-FREE FREEZER.
- All procedures should be performed under aseptic conditions except where indicated.

#### 2.0 PREPARING A WORKING SOLUTION OF CORNING MATRIGEL

Add one aliquot of Corning Matrigel hESC-qualified matrix to 25 mL of DMEM/F-12 to coat four 6-well plates, or three 100 mm dishes. Instructions for preparing aliquots is lot-specific and based on the protein concentration (see product specification sheet). Aliquots may be stored at -70°C for up to six months. The volume of the aliquots is typically between 270-350  $\mu$ L.

#### 3.0 COATING PROCEDURE

3.1 Add 1.0 mL of diluted Corning Matrigel hESC-qualified matrix per well of a 6-well plate, or 8.0 mL per 100 mm dish. Swirl the plate or dish to distribute the Corning Matrigel solution evenly across the surface.

NOTE: Plates and dishes should be kept on ice during coating. Volumes given in this section are for 6-well culture plates, or 100 mm culture dishes. Scale accordingly for different sized cultureware.

- 3.2 Avoid air bubbles in Corning Matrigel™ by pipeting the liquid into wells. If air bubbles get trapped in the wells, centrifuge the plate at 300 x g for 10 minutes at 4°C (centrifuge should be pre-cooled to 4°C). For air bubbles in the dishes, try to break the bubbles using a chilled pipet tip.
- 3.3 Incubate plates at room temperature (15-25°C) for at least 1 hour before use.
- 3.4 Aspirate coating solution. Ensure that the tip of the pipet does not scratch the coated surface.
- 3.5 Plates are now ready to use.

NOTE: Do not remove the Corning Matrigel hESC-qualified matrix solution until the plate(s) are ready to use. Coated plates can be stored at 4°C for up to a week. Make sure that the plates are sealed to prevent dehydration (e.g., Parafilm). Plate(s) are not optimal for hESC culture if the Corning Matrigel solution does not completely cover the surface. Therefore, plate(s) that have regions where the solution has evaporated are not recommended for use.

### 4.0 HUMAN EMBRYONIC STEM CELL CULTURE

NOTE: The following procedure is optimized for human ES cells cultured on Corning® Matrigel® hESC-qualified matrix 6-well plate using mTeSR®1 media. Results may vary depending upon the cell line used, media, state of differentiation, and dissociation technique, etc. You should optimize conditions for your own system. Transitioning from conditioned media does not require any adaptation. Cells can be plated in mTeSR1 on Corning Matrigel hESC-qualified matrix 6-well plate at the time of passage. If using TeSR™2 medium, follow protocol according to the product specification sheet.

#### 4.1 PREPARATION OF mTeSR1

4.1.1 Thaw mTeSR1 5X Supplement (Component #05852 from mTeSR1 Medium kit) at room temperature (15-25°C), or overnight at 2-8°C.

NOTE: Please follow manufacturer's recommendations. For optimal results, ensure that lot numbers of both components of the mTeSR1 Medium kit (mTeSR1 Basal Medium and mTeSR1 5X Supplement) end with the same letter (e.g., D). If desired, 5X Supplement can be aseptically dispensed into working aliquots and stored at -20°C. Use frozen aliquots within 3 months. Thawed aliquots should be used within 1 day to prepare complete mTeSR1 medium. Do not refreeze aliquots after thawing.

4.1.2 Aseptically add the entire 100 mL of thawed 5X Supplement to 400 mL Basal Medium for a total volume of 500 mL. Mix well. Complete mTeSR1 is stable for up to 2 weeks when stored at 2-8°C, or up to 6 months when frozen at -20°C. Thaw frozen medium at room temperature (15-25°C), or overnight at 2-8°C.

NOTE: If prepared aseptically complete mTeSR1 is ready for use but the medium can also be filtered using a 0.2 µm, low-protein binding filter if desired.

#### 4.2 CULTURE OF hESC USING mTeSR1

NOTE: Generally, hESCs from 1 well of a 6-well plate cryopreserved in STEMCELL Technologies' defined, serum-free cryopreservation medium, mFreSR® (Cat. No. 05854/05855) can be successfully thawed into 1 well of a 6-well plate. If the cells have been cryopreserved using other methods, this may vary. hESCs cultured using other maintenance protocols (e.g., with mouse embryonic feeders or conditioned medium) can be thawed into mTeSR®1 or TeSR™2 using this protocol. Have all tubes, warmed medium and plates ready before starting the protocol to ensure that the thawing procedure is done as quickly as possible.

- 4.2.1 Quickly thaw the hESCs in a 37°C waterbath by gently shaking the cryovial continuously until only a small frozen pellet remains. Remove the cryovial from the waterbath and wipe with 70% ethanol.
- 4.2.2 Use a 2 mL pipet to transfer the contents of the cryovial to a 15 mL conical tube.

NOTE: Use of a 2 mL pipet will minimize breakage of cell clumps.

- 4.2.3 Add 5-7 mL of warm mTeSR1 dropwise to the tube, gently mixing as the medium is added.
- 4.2.4 Centrifuge cells at 300 x g for 5 minutes at room temperature (15-25°C).
- 4.2.5 Aspirate the medium, leaving the cell pellet intact. Using a 2 mL pipet, gently resuspend the cell pellet in 1-2 mL of mTeSR1, taking care to maintain the cells as aggregates.
- 4.2.6 Remove excess medium (coating solution) from the Corning Matrigel™ hESC-qualified matrix 6-well plate by gently tilting the plate onto one corner and allowing the excess Corning Matrigel solution to collect in that corner. Remove the solution using a serological pipet or by aspiration. Ensure that the tip of the pipet does not scratch the coated surface.

**NOTE:** If the plate(s) have been stored at 2-8°C, allow the plate(s) to come to room temperature (15-25°C) for 30 minutes before removing the Corning Matrigel hESC-qualified matrix solution.

- 4.2.7 Transfer 2 mL cell aggregates per well to a Corning Matrigel hESC-qualified matrix 6-well plate. Ensure that clumps are evenly distributed between wells. Move the plate in quick side to side, forward to back motions to evenly distribute theclumps within the wells.
- 4.2.8 Culture the cells in a humidified incubator at 37°C, with 5% CO<sub>2</sub>.
- **4.2.9** Perform daily medium changes. Check for undifferentiated colonies that are ready to passage (dense centered) approximately 5-7 days after thawing.

NOTE: If only few colonies are observed after thawing, it may be necessary to passage and replate them in the same size well on a new Corning® Matrigel® hESC-qualified matrix 6-well plate.

- 5.0 PASSAGE OF HUMAN ES CELLS ON CORNING MATRIGEL hESC-QUALIFIED MATRIX 6-WELL PLATE
- 5.1 Warm Corning Dispase, aliquoted mTeSR®1, and DMEM/F-12 media at 37°C.
- 5.2 Use a microscope to visually identify regions of differentiation, and remove regions of differentiation by scraping with a pipet tip or by aspiration.

**NOTE:** This selection should not exceed 20% of the well if the culture is of high quality.

- 5.3 Aspirate medium from the hESC culture and rinse with DMEM/F-12 (2 mL/well).
- 5.4 Add 1 mL per well of Corning Dispase (1 mg/mL) to the hES cells, incubate for 6-8 minutes at 37°C, or until the edges of the colony start to curl up when observed under the microscope.

- 5.5 Aspirate Corning Dispase and gently rinse each well 3 times with 2 mL of DMEM/F-12 per well to remove any remaining Corning Dispase. After wash, add 2 mL/well of mTeSR1 and using a sterile 5 mL pipet, gently break-up and scrape the colonies using small circular motions. Start at the outside edge of the colony and work your way towards the middle. Try to cut as many small pieces as possible. This is easiest to do while viewing the process using a phase contrast microscope (2x or 4x objective).
- Transfer the detached cell aggregates to a 15 mL conical tube and rinse the well with an additional 2 mL of DMEM/F-12 or mTeSR1 to collect any remaining aggregates. Add the rinsate to the 15 mL tube.
- 5.7 Gently triturate cell clumps a few times by pipeting up and down (do not make a single cell suspension). Add 0.5 mL of cell suspension to each well on Corning Matrigel hESC-qualified matrix 6-well plates containing mTeSR1 and place plates gently at 37°C incubator with 5% CO<sub>2</sub> and humidified air. As a rough guideline, split cells at a 1:3 to 1:6 ratio. Ensure that clumps are evenly distributed between wells. Move the plate in quick side to side, forward to back motions to evenly distribute the clumps within the wells.

NOTE: If the colonies are at an optimal density, the cells can be split every 4-7 days using 1:6 to 1:10 splits (i.e., the aggregates from 1 well of a 6-well plate can be plated in 6-10 wells of a 6-well plate). If the colonies are too dense or too sparse, adjust the split ratio accordingly. It is important not to swirl contents of plate as this will result in colonies crowding in the center of the plate. Gently rock the plate side to side and back and forth just prior to placing into incubator to evenly distribute the cell clumps on the plate surface.

### 6.0 MAINTENANCE OF HUMAN ES CELLS

NOTE: Following dissociation of human ES cells, the cultures should be left undisturbed for the next day (Day 2). Start changing media from next day after plating cells.

- Aspirate exhausted media from Corning Matrigel hESC-qualified matrix 6-well plates and add 2.5 to 3 mL of pre-warmed mTeSR1 media.
- 6.2 Change media on human ES cell cultures everyday from Day 3 to Day 7. Monitor colonies to ensure that they are mostly undifferentiated.
- 6.3 Cells will typically require passaging on Day 5 to 7.

NOTE: hESCs cultured in mTeSR1 are ready to passage when the colonies are large, beginning to merge, and have centers that are dense and phase-bright compared to their edges. Depending on the size and density of seeded aggregates, cultures are usually passaged 5-7 days after seeding in mTeSR1.

# 7.0 CHARACTERIZATION OF UNDIFFERENTIATED hESCs

### 7.1 MORPHOLOGY

Monitor for undifferentiated hESCs. Undifferentiated hESCs grow as compact, multicellular colonies. They should also exhibit a high nuclear-to-cytoplasm ratio and prominent nucleoli. These colonies are characterized by a distinct border. Healthy hESC colonies will be multilayered in the center, resulting in clusters of phase-bright cells when viewed under phase contrast. Differentiation is characterized by loss of border integrity, gross non-uniformity of cell morphology within a colony, and the emergence of obvious alternate cell types. <sup>13</sup>

# 7.2 IMMUNOHISTOCHEMICAL DETECTION OF CELL SURFACE MARKERS

- 7.2.1 Remove culture media. Wash the hES cells twice with 2 mL of PBS.
- 7.2.2 Fix the cells with 1 mL of 4% paraformaldehyde for 20 minutes at room temperature.
- 7.2.3 Wash the cells twice with 2 mL of PBS for 5 minutes.

7.2.4 Block the cells with 1 mL of 0.1% BSA, 10% normal goat serum\* in PBS at room temperature for 45 minutes to 1 hour.

NOTE: For Oct-3/4 staining permeabilize in 0.1% Triton X-100, and block with 1% BSA, 10% normal rabbit serum in PBS at room temperature for 45 minutes.

- 7.2.5 During the blocking step, prepare the primary antibody working solution with PBS containing 1% BSA and 10% normal goat serum\* to a final desired concentration.
- 7.2.6 After blocking, incubate the cells with 1 mL/well of diluted primary antibody working solution overnight at 2-8°C, or 1 hour at room temperature.
- 7.2.7 Wash the cells three times with 2 mL of PBS containing 1% BSA for 5 minutes each.
- 7.2.8 Dilute the secondary antibody (fluorescence-conjugated) in PBS containing 1% BSA. Incubate the cells with secondary antibody at 1 mL per well for 60 minutes at room temperature in the dark.

NOTE: If using pre-conjugated antibody, secondary antibody will not be required.

- 7.2.9 Wash the cells three times with 2 mL of PBS containing 1% BSA for 5 minutes
- 7.2.10 Cover the cells with 4 mL of PBS and visualize with a fluorescence microscope.

<sup>\*</sup>Substitute normal serum from appropriate species depending on the host species of the secondary antibody. Further characterization using Flow Cytometry analysis and Quantitative Real-Time RT-PCR may also be performed.

#### References

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