invitrogen USER GUIDE

Human sICAM-1 Instant ELISA Kit

Enzyme-linked immunosorbent assay for quantitative detection of human sICAM-1

Catalog Number BMS201INST (128 tests)

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WARNING! Read the Safety Data Sheets (SDSs) and follow the handling instructions. Wear appropriate protective eyewear, clothing, and gloves. Safety Data Sheets (SDSs) are available from **thermofisher.com/support**.

Product description

The Human sICAM-1 Instant ELISA Kit is an enzyme-linked immunosorbent assay for the quantitative detection of soluble Intercellular Adhesion Molecule-1 levels in cell culture supernatants, human serum, plasma, urine, amniotic fluid, bile, or other body fluids.

Summary

Soluable Intercellular Adhesion Molecule-1 (sICAM-1) is a member of the immunoglobulin supergene family and functions as a ligand for the Lymphocyte Function-Associated Antigen-1 (LFA-1), an alphabeta-complex that is a member of the leukocyte integrin family of cellcell and cell-matrix receptors. This family consists of the leukocyte adhesion glycoproteins LFA-1, which mediates lymphocyte adhesion, Mac-1, which mediates granulocyte adhesion and p150,95.

sICAM-1 is a single-chain glycoprotein with a polypeptide core of 55kD that can be expressed on non-hematopoietic cells of many lineages such as vascular endothelial cells, thymic epithelial cells, other epithelial cells, and fibroblasts, and on hematopoietic cells such as tissue macrophages, mitogen-stimulated T-lymphoblasts, germinal center B-cells, and dendritic cells in tonsils, lymph nodes, and Peyer's patches. sICAM-1 is inducible on fibroblasts and endothelial cells by inflammatory mediators such as IL-1, TNF and IFN γ within a few hours, and is correlated to the infiltration of lymphocytes into inflammatory lesions. sICAM-1 seems to be the initial marker of inflammatory reactions and is expressed prior to, and to a greater extent, than is HLA-DR.

The role of sICAM-1 as a disease marker has been demonstrated for a number of different indications and pathological situations.

For literature update refer to our website.

Principles of the test

An anti-human sICAM-1 monoclonal coating antibody is adsorbed onto microwells. Human sICAM-1 present in the sample or standard binds to antibodies adsorbed to the microwells; an HRP-conjugated monoclonal anti-human sICAM-1 antibody binds to human sICAM-1 captured by the first antibody.

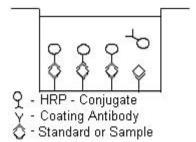


Fig. 1 First incubation.

Following incubation unbound enzyme conjugated anti-human sICAM-1 is removed during a wash step and substrate solution reactive with HRP is added to the wells.

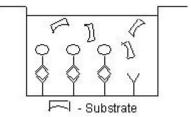


Fig. 2 Second incubation.

A colored product is formed in proportion to the amount of soluble human sICAM-1 present in the sample. The reaction is terminated by addition of acid and absorbance is measured at 450 nm. A standard curve is prepared from 7 human sICAM-1 standard dilutions and human sICAM-1 sample concentration determined.

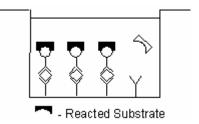


Fig. 3 Stop reaction.

Reagents provided

1 aluminum pouch with a Microwell Plate (12 strips of 8 wells each) coated with Monoclonal Antibody (murine) to human sICAM-1, Sample Diluent and HRP-Conjugate (anti-sICAM-1 monoclonal (murine) antibody), lyophilized

2 aluminum pouches with a human sICAM-1 Standard curve (colored)

1 bottle (25 mL) Wash Buffer Concentrate 20x (phosphate-buffered saline with 1% Tween 12 20)

1 vial (15 mL) Substrate Solution (tetramethyl-benzidine)

1 vial (12 mL) Sample Diluent (Use when an external predilution of the samples is needed)

1 vial (15 mL) Stop Solution (1M Phosphoric acid)

2 adhesive Plate Covers

Storage instructions

Store ELISA plate and standard curves or whole kit at -20° C. The plate and the standard curves can also be removed, stored at -20° C, remaining kit reagents can be stored between 2° C to 8° C. Expiry of the kit and reagents is stated on labels. The expiry of the kit components can be guaranteed only if the components are stored properly, and if, in case of repeated use of one component, the reagent is not contaminated by the first handling.

Sample collection

Cell culture supernatants, human serum, plasma (EDTA, citrate, heparin), urine, and amniotic fluid were tested with this assay. Other biological samples might be suitable for use in the assay. Remove the serum or plasma from the clot or red cells as soon as possible after clotting and separation.

Pay attention to a possible *Hook Effect* due to high sample concentrations (see "Calculation of results" on page 3).

Samples containing a visible precipitate must be clarified prior to use in the assay. Do not use grossly hemolyzed or lipemic samples.

Samples must be stored frozen at –20°C to avoid loss of bioactive human sICAM-1. If samples are to be run within 24 hours, they may be stored at 2°C to 8°C (for sample stability refer to "Sample stability" on page 5).

Avoid repeated freeze-thaw cycles. Prior to assay, frozen serum or plasma should be brought to room temperature slowly and mixed gently.

Cell culture media without serum component are not suitable for human sICAM-1 determination with the ELISA.

Materials required but not provided

- 5 mL and 10 mL graduated pipettes
- 5 µL to 1000 µL adjustable single channel micropipettes with disposable tips
- 50 μL to 300 μL adjustable multichannel micropipette with disposable tips
- · Multichannel micropipette reservoir
- Beakers, flasks, cylinders necessary for preparation of reagents
- Device for delivery of wash solution (multichannel wash bottle or automatic wash system)
- Microwell strip reader capable of reading at 450 nm (620 nm as optional reference wave length)
- · Glass-distilled or deionized water
- Statistical calculator with program to perform linear regression analysis

Precautions for use

- All chemicals should be considered as potentially hazardous. We
 therefore recommend that this product is handled only by those
 persons who have been trained in laboratory techniques and that it
 is used in accordance with the principles of good laboratory
 practice. Wear suitable protective clothing such as laboratory
 overalls, safety glasses and gloves. Care should be taken to avoid
 contact with skin or eyes. In the case of contact with skin or eyes
 wash immediately with water. See material safety data sheet(s)
 and/or safety statements(s) for specific advice.
- Reagents are intended for research use only and are not for use in diagnostic or therapeutic procedures.
- Do not mix or substitute reagents with those from other lots or other sources.
- Do not use kit reagents beyond expiration date on label.
- Do not expose kit reagents to strong light during storage or incubation.
- Do not pipet by mouth.
- Do not eat or smoke in areas where kit reagents or samples are handled.
- Avoid contact of skin or mucous membranes with kit reagents or samples.
- Rubber or disposable latex gloves should be worn while handling kit reagents or samples.
- Avoid contact of substrate solution with oxidizing agents and metal.
- · Avoid splashing or generation of aerosols.
- To avoid microbial contamination or cross-contamination of reagents or samples that may invalidate the test, use disposable pipette tips and/or pipettes.

- Use clean, dedicated reagent trays for dispensing substrate reagent.
- Glass-distilled water or deionized water must be used for reagent preparation.
- Substrate solution must be at room temperature prior to use.
- Decontaminate and dispose samples and all potentially contaminated materials as if they could contain infectious agents.
 The preferred method of decontamination is autoclaving for a minimum of 1 hour at 121.5°C.
- Liquid wastes not containing acid and neutralized waste may be mixed with sodium hypochlorite in volumes such that the final mixture contains 1.0% sodium hypochlorite. Allow 30 minutes for effective decontamination. Liquid waste containing acid must be neutralized prior to the addition of sodium hypochlorite.

Preparation of reagents and samples

- Buffer concentrate should be brought to room temperature and diluted before starting the test procedure.
- 2. If crystals have formed in the buffer concentrate, warm it gently until crystals have completely dissolved.

Wash buffer (1x)

- Pour entire contents (25 mL) of the Wash Buffer Concentrate (20x) into a clean 500 mL graduated cylinder. Bring to final volume to 500 mL with glass-distilled or deionized water. Mix gently to avoid foaming.
- 2. Transfer to a clean wash bottle and store at 2°C to 25°C. The Wash Buffer (1x) is stable for 30 days.

Test protocol

Note:

- Use plate immediately after removal from -20°C!
- Do not wait until pellets have completely dissolved before applying samples; the binding reaction in the standard strips starts immediately after addition of water!
- Do not try to dissolve pellets by pipetting up and down in the wells; some parts of the pellet could stick to the tip creating high variation of results.
- Perform the washing step with at least 400 μL of washing buffer as stated in the manual or fill the wells completely; otherwise any pellet residues sticking to the rim of the well will not be removed and create high variation of results.
- Allow the washing buffer to sit in the wells for a few seconds before aspiration.
- Remove covers of the standard strips carefully in order that all the lyophilised pellets remain in the wells.

Note: In case of incubation without shaking the obtained O.D. values may be lower than indicated below. Nevertheless the results are still valid.

- Determine the number of Microwell Strips required to test the desired number of samples plus Microwell Strips for blanks and standards (colored). Each sample, standard, blank, and optional control sample should be assayed in duplicate. Remove extra Microwell Strips from holder and store in foil bag with the desiccant provided at -20°C sealed tightly. Place microwell strips containing the standard curve in position A1, A2 to H1, H2 (see Table 1).
 - **Table 1** Example of the arrangement of blanks, standards, and samples in the microwell strips.

	1	2	3	4
А	Standard 1 100.00 ng/mL	Standard 1 100.00 ng/mL	Sample 1	Sample 1
В	Standard 2 50.00 ng/mL	Standard 2 50.00 ng/mL	Sample 2	Sample 2
С	Standard 3 25.00 ng/mL	Standard 3 25.00 ng/mL	Sample 3	Sample 3
D	Standard 4 12.50 ng/mL	Standard 4 12.50 ng/mL	Sample 4	Sample 4
Е	Standard 5 6.25 ng/mL	Standard 5 6.25 ng/mL	Sample 5	Sample 5
F	Standard 6 3.13 ng/mL	Standard 6 3.13 ng/mL	Sample 6	Sample 6
G	Standard 7 1.56 ng/mL	Standard 7 1.56 ng/mL	Sample 7	Sample 7
Н	Blank	Blank	Sample 8	Sample 8

- 2. Add distilled water to all standard and blank wells as indicated on the label of the standard strips (A1/A2 to H1/H2).
- 3. Add $140 \mu L$ of distilled water to the sample wells.
- 4. Add 10 μL of each Sample, in duplicate, to the designated wells and mix the contents.
- 5. Cover with a Plate Cover and incubate at room temperature (18°C to 25°C) for 2 hours on a microplate shaker.
- 6. Remove Plate Cover and empty wells. Wash the microwell strips 3 times with approximately 400 μ L Wash Buffer per well with thorough aspiration of microwell contents between washes. Take care not to scratch the surface of the microwells.

After the last wash, tap microwell strips on absorbent pad or paper towel to remove excess Wash Buffer. Use the microwell strips immediately after washing or place upside down on a wet absorbent paper for no longer than 15 minutes. Do not allow wells to dry.

- 7. Pipet 100 μL of TMB Substrate Solution to all wells, including the blank wells.
- Incubate the microwell strips at room temperature (18°C to 25°C) for about 10 minutes. Avoid direct exposure to intense light.

The color development on the plate should be monitored and the substrate reaction stopped (see step 9 of this protocol) before positive wells are no longer properly recordable. Determination of the ideal time period for color development has to be done individually for each assay.

It is recommended to add the stop solution when the highest standard has developed a dark blue color.

Alternatively the color development can be monitored by the ELISA reader at 620 nm. The substrate reaction should be stopped as soon as Standard 1 has reached an OD of 0.9–0.95.

- 9. Stop the enzyme reaction by quickly pipetting $100~\mu L$ of Stop Solution into each well, including the blank wells. It is important that the Stop Solution is spread quickly and uniformly throughout the microwells to completely inactivate the enzyme. Results must be read immediately after the Stop Solution is added or within one hour if the microwell strips are stored at $2^{\circ}C$ to $8^{\circ}C$ in the dark.
- 10. Read absorbance of each microwell on a spectro-photometer using 450 nm as the primary wave length (optionally 620 nm as the reference wave length; 610 nm to 650 nm is acceptable). Blank the plate reader according to the manufacturer's instructions by using the blank wells. Determine the absorbance of both the samples and the human sICAM-1 standards.

Calculation of results

- Calculate the average absorbance values for each set of duplicate standards and samples. Duplicates should be within 20% of the mean.
- Create a standard curve by plotting the mean absorbance for each standard concentration on the ordinate against the human sICAM-1 concentration on the abscissa. Draw a best fit curve through the points of the graph.
- To determine the concentration of circulating human sICAM-1 for each sample, first find the mean absorbance value on the ordinate and extend a horizontal line to the standard curve. At the point of intersection, extend a vertical line to the abscissa and read the corresponding human sICAM-1 concentration.
- Samples have been diluted 1:10, thus the concentration read from the standard curve must be multiplied by the dilution factor (x 10).

Note: There is a common dilution factor for samples due to the conjugate which must then be included in the calculation. The samples contribute 100 μL to the final volume per well. These 100 μL are composed of 90 μL of sample diluent plus 10 μL of the sample. This is a 1:10 dilution.

The remaining 50 μL to give 150 μL are due to the addition of 50 μL conjugate to all wells.

- 90 μ L sample diluent and 50 μ L conjugate results in 140 μ L reconstitution volume, addition of 10 μ L sample (90 μ L + 10 μ L = 1:10 dilution).
- Calculation of samples with a concentration exceeding standard 1
 may result in incorrect, low human sICAM-1 levels (possible
 Hook Effect). Such samples require further external predilution
 according to expected human sICAM-1 values with Sample
 Diluent in order to precisely quantitate the actual human
 sICAM-1 level.
- It is suggested that each testing facility establishes a control sample of known human sICAM-1 concentration and runs this additional control with each assay. If the values obtained are not within the expected range of the control, the assay results may be invalid.

A representative standard curve is shown in Figure 4. **Note:** Do not use this standard curve to derive test results. Each laboratory must prepare a standard curve for each group of microwell strips assayed.

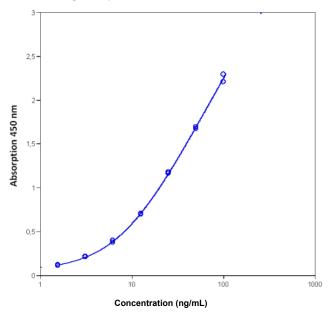


Fig. 4 Representative standard curve for Human sICAM-1 Instant ELISA Kit. Human sICAM-1 was diluted in serial 2-fold steps in Sample Diluent, each symbol represents the mean of 3 parallel titrations.

Table 2 Typical data using the Human sICAM-1 Instant ELISA Kit. Measuring wavelength: 450 nm

Reference wavelength: 620 nm

Standard	Human sICAM-1 concentration (ng/mL)	0.D. (450 nm)	0.D. mean	C.V. (%)
1	100.00	2.293 2.208	2.251	2.7
2	50.00	1.668 1.692	1.680	1.0
3	25.00	1.176 1.164	1.170	0.7
4	12.50	0.696 0.705	0.701	0.9
5	6.25	0.395 0.375	0.385	3.7
6	3.13	0.211 0.213	0.212	0.7
7	1.56	0.114 0.117	0.116	1.8
Blank	0.00	0.023 0.018	0.021	17.2

The OD values of the standard curve may vary according to the conditions of assay performance (e.g., operator, pipetting technique, washing technique, or temperature effects). Furthermore, shelf life of the kit may affect enzymatic activity and thus color intensity. Values measured are still valid.

Limitations

- Because exact conditions may vary from assay to assay, a standard curve must be established for every run.
- Bacterial or fungal contamination of either screen samples or reagents or cross-contamination between reagents may cause erroneous results.

- Disposable pipette tips, flasks, or glassware are preferred, reusable glassware must be washed and thoroughly rinsed of all detergents before use.
- Improper or insufficient washing at any stage of the procedure will
 result in either false positive or false negative results. Empty wells
 completely before dispensing fresh wash solution, fill with Wash
 Buffer as indicated for each wash cycle and do not allow wells to
 sit uncovered or dry for extended periods.
- The use of radioimmunotherapy has significantly increased the number of patients with human anti-mouse IgG antibodies (HAMA). HAMA may interfere with assays utilizing murine monoclonal antibodies leading to both false positive and false negative results. Serum samples containing antibodies to murine immunoglobulins can still be analyzed in such assays when murine immunoglobulins (serum, ascitic fluid, or monoclonal antibodies of irrelevant specificity) are added to the sample.

Performance characteristics

Sensitivity

The limit of detection of human sICAM-1 defined as the analyte concentration resulting in an absorbance significantly higher than that of the dilution medium (mean plus 2 standard deviations) was determined to be 2.17 ng/mL (mean of 10 independent assays).

Reproducibility

Intra-assay

Reproducibility within the assay was evaluated in 3 independent experiments. Each assay was carried out with 6 replicates of 6 serum samples containing different concentrations of human sICAM-1. Two standard curves were run on each plate. Data below show the mean human sICAM-1 concentration and the coefficient of variation for each sample. The calculated overall intra-assay coefficient of variation was 9.5%.

Table 3 The mean human sICAM-1 concentration and the coefficient of variation for each sample.

Positive sample	Experiment	Mean concentration (ng/mL)	Coefficient of variation (%)
	1	145.1	12.0
1	2	149.9	16.0
	3	136.9	18.0
	1	146.2	4.0
2	2	119.3	13.0
	3	172.5	13.0
	1	337.0	11.0
3	2	337.7	9.0
	3	254.8	10.0
	1	128.4	10.0
4	2	183.5	4.0
	3	137.5	5.0
	1	204.2	10.0
5	2	235.7	8.0
	3	199.7	3.0
	1	184.3	7.0
6	2	260.6	5.0
	3	210.6	5.0

Inter-assay

Assay to assay reproducibility within one laboratory was evaluated in 3 independent experiments by 3 technicians. Each assay was carried out with 6 replicates of 6 serum samples containing different concentrations of human sICAM-1. Two standard curves were run on each plate. Data below show the mean human sICAM-1 concentration

and the coefficient of variation calculated on 18 determinations of each sample. The calculated overall coefficient of variation was 12.9%.

Table 4 The mean human sICAM-1 concentration and the coefficient of variation calculated on 18 determinations of each sample.

Sample	Mean concentration (ng/mL)	Coefficient of variation (%)	
1	144	4.6	
2	136	10.7	
3	310	15.5	
4	149	19.7	
5	213	9.2	
6	218	17.7	

Spike recovery

The spike recovery was evaluated by spiking 4 levels of human sICAM-1 into serum samples. Recoveries were determined in 3 independent experiments with 6 replicates each. The unspiked serum was used as blank in these experiments. Overall mean recovery was determined to be 72%.

Dilution parallelism

Four serum samples with different levels of human sICAM-1 were analyzed at serial 2-fold dilutions with 4 replicates each. The recovery ranged between 82% and 102% with an overall recovery of 90%.

Sample stability

Freeze-thaw stability

Aliquots of serum samples (unspiked or spiked) were stored at $-20\,^{\circ}\text{C}$ and thawed 5 times, and the human sICAM-1 levels determined. There was no significant loss of sICAM-1 immunoreactivity between 0 and 5 freeze-thaw cycles.

Storage stability

Aliquots of serum samples (spiked or unspiked) were stored at -20° C, 2° C to 8° C, room temperature, and at 37° C, and the human sICAM-1 level determined after 24, 48, and 96 hours. There was no significant loss of sICAM-1 immunoreactivity during storage under above conditions.

Comparison of serum and plasma

From three individuals, serum as well as EDTA, citrate, and heparin plasma obtained at the same time point were evaluated. sICAM-1 levels were not significantly different and therefore all these blood preparations are suitable for sICAM-1 determinations.

Specificity

To define the specificity of this ELISA several proteins were tested for cross-reactivity. No cross-reactivity was observed.

Expected values

Panels of 40 serum as well as EDTA, citrate, and heparin plasma samples from randomly selected apparently healthy donors (males and females) were tested for human sICAM-1.

Sample matrix	Number of samples evaluated	Range (ng/mL)	Mean (ng/mL)	Standard deviation (ng/mL)
Serum	40	302–1115	504	171
Plasma (EDTA)	40	249-966	543	168
Plasma (citrate)	40	59-529	305	103
Plasma (heparin)	40	133-623	385	122

Reagent preparation summary

Wash buffer (1x)

Add Wash Buffer Concentrate 20x (25 mL) to 475 mL distilled water.

Test protocol summary

Note: Samples have been diluted 1:10, thus the concentration read from the standard curve must be multiplied by the dilution factor (x 10).

- 1. Place standard strips in position A1/A2 to H1/H2.
- 2. Add distilled water, in duplicate, to all standard and blank wells as indicated on the label of the standard strips.
- 3. Add 140 µL distilled water to sample wells.
- 4. Add 10 µL Sample to designated wells.
- 5. Cover microwell strips and incubate 2 hours at room temperature (18°C to 25°C) on a microplate shaker.
- 6. Empty and wash microwell strips 3 times with 400 μL Wash Buffer.
- 7. Add 100 μ L of TMB Substrate Solution to all wells including blank wells.
- **8.** Incubate the microwell strips for about 10 minutes at room temperature (18°C to 25°C).
- 9. Add 100 µL Stop Solution to all wells including blank wells.
- 10. Blank microwell reader and measure color intensity at 450 nm.

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 - Certificates of Analysis
 - Safety Data Sheets (SDSs; also known as MSDSs)

Note: For SDSs for reagents and chemicals from other manufacturers, contact the manufacturer.

Limited product warranty

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