Human FABP-3 ELISA

Enzyme-linked Immunosorbent Assay for quantitative detection of human FABP-3

Catalog Numbers BMS2263 and BMS2263TEN

Pub. No. MAN0017641 Rev. A.0 (30)

WARNING! Read the Safety Data Sheets (SDSs) and follow the handling instructions. Wear appropriate protective eyewear, clothing, and gloves. Safety Data Sheets (SDSs) are available from **thermofisher.com/support**.

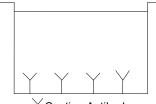
Product description

The Human FABP-3 ELISA is an enzyme-linked immunosorbent assay for the quantitative detection of human FABP-3. Cell culture supernatant, serum, and plasma (EDTA, citrate, heparin) have been tested with this assay.

The intracellular fatty acid-binding proteins belongs to a multigene family. FABPs are divided into at least three distinct types, namely the hepatic-, intestinal- and cardiac-type. They form 14-15 kDa proteins and are thought to participate in the uptake, intracellular metabolism and/or transport of long-chain fatty acids. They may also be responsible in the modulation of cell growth and proliferation. Heart type fatty acid-binding protein 3 gene contains four exons and its function is to arrest growth of mammary epithelial cells. This gene is a candidate tumor suppressor gene for human breast cancer.

Principles of the test

An anti-human FABP-3 coating antibody is adsorbed onto microwells.



Coating Antibody

Fig. 1 Coated microwell

FABP-3 present in the sample or standard binds to antibodies adsorbed to the microwells.

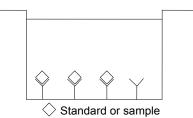


Fig. 2 First incubation

Following incubation, unbound standard or sample is removed during a wash step. A biotin-conjugated anti-human- FABP-3 antibody is added and binds to FABP-3 captured by the first antibody.

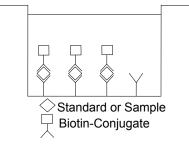
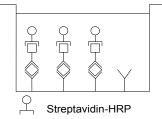
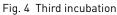


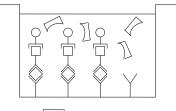
Fig. 3 Second incubation

Following incubation, unbound biotin-conjugated anti-human FABP-3 antibody is removed during a wash step. Streptavidin-HRP is added and binds to the biotin-conjugated anti-human FABP-3 antibody.





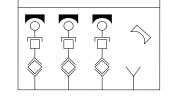
Following incubation, unbound Streptavidin-HRP is removed during the wash step, and substrate solution reactive with HRP is added to the wells.



Substrate

Fig. 5 Fourth incubation

A coloured product is formed in proportion to the amount of FABP-3 present in the sample or standard. The reaction is terminated by addition of acid and absorbance is measured at 450 nm. A standard curve is prepared from 6 FABP-3 standard dilutions and FABP-3 sample concentration determined.



Reacted Substrate

Fig. 6 Stop reaction



Reagents provided

Reagents for human FABP-3 ELISA BMS2263 (96 tests)

1 aluminum pouch with a Microwell Plate coated with monoclonal antibody to human FABP-3

1 vial (120 $\mu l)$ Biotin-Conjugate anti-human FABP-3 monoclonal antibody

1 vial (150 µl) Streptavidin-HRP

2 vials human FABP-3 Standard lyophilized, 10000 pg/ml upon reconstitution

1 bottle (12 mL) Sample Diluent

1 vial (5 mL) Assay Buffer Concentrate 20x (PBS with 1% Tween[™] 20, 10% BSA)

1 bottle (50 mL) Wash Buffer Concentrate 20x (PBS with 1% Tween[™] 20)

1 bottle (15 mL) Substrate Solution (tetramethyl-benzidine)

1 bottle (15 mL) Stop Solution (1M Phosphoric acid)

6 Adhesive Films

Reagents for human FABP-3 ELISA BMS2263TEN (10 x 96 tests)

10 aluminum pouches with a Microwell Plate coated with monoclonal antibody to human FABP-3

10 vials (120 $\mu L)$ Biotin-Conjugate anti-human FABP-3 monoclonal antibody to human FABP-3

10 vials (150 µL) Streptavidin-HRP

10 vials human FABP-3 Standard lyophilized, 10000 pg/mL upon reconstitution

10 bottles (12 mL) Sample Diluent

3 vials (5 mL) Assay Buffer Concentrate 20x (PBS with 1% Tween[™] 20, 10% BSA)

6 bottles (50 mL) Wash Buffer Concentrate 20x (PBS with 1% Tween[™] 20)

10 bottles (15 mL) Substrate Solution (tetramethyl-benzidine)

1 bottle (100 mL) Stop Solution (1M Phosphoric acid)

30 Adhesive Films

Storage instructions – ELISA kit

Store kit reagents between 2° and 8°C. Immediately after use remaining reagents should be returned to cold storage (2° to 8°C). Expiry of the kit and reagents is stated on labels.

Expiry of the kit components can only be guaranteed if the components are stored properly, and if, in case of repeated use of one component, this reagent is not contaminated by the first handling.

Sample collection and storage instructions

Cell culture supernatant, serum and plasma (EDTA, citrate, heparine) were tested with this assay. Other biological samples might be suitable for use in the assay.

Samples containing a visible precipitate must be clarified prior to use in the assay. Do not use grossly hemolyzed or lipemic samples.

Samples should be aliquoted and must be stored frozen at -20° C to avoid loss of bioactive human FABP-3.

Avoid repeated freeze-thaw cycles. Prior to assay, the frozen sample should be brought to room temperature slowly and mixed gently.

Materials required but not provided

- 5 mL and 10 mL graduated pipettes
- 5 μL to 1000 μL adjustable single channel micropipettes with disposable tips
- 50 μL to 300 μL adjustable multichannel micropipette with disposable tips
- Multichannel micropipette reservoir
- Beakers, flasks, cylinders necessary for preparation of reagents
- Device for delivery of wash solution (multichannel wash bottle or automatic wash system)
- Microwell strip reader capable of reading at 450 nm (620 nm as optional reference wave length)
- Microplate shaker
- Glass-distilled or deionized water
- Statistical calculator with program to perform regression analysis

Precautions for use

- All chemicals should be considered as potentially hazardous. We therefore recommend that this product is handled only by those persons who have been trained in laboratory techniques and that it is used in accordance with the principles of good laboratory practice. Wear suitable protective clothing such as laboratory overalls, safety glasses, and gloves. Care should be taken to avoid contact with skin or eyes. In the case of contact with skin or eyes wash immediately with water. See material safety data sheet(s) and/or safety statement(s) for specific advice.
- Reagents are intended for research use only and are not for use in diagnostic or therapeutic procedures.
- Do not mix or substitute reagents with those from other lots or other sources.
- Do not use kit reagents beyond expiration date on label.
- Do not expose kit reagents to strong light during storage or incubation.
- Do not pipet by mouth.
- Do not eat or smoke in areas where kit reagents or samples are handled.
- Avoid contact of skin or mucous membranes with kit reagents or samples.
- Rubber or disposable latex gloves should be worn while handling kit reagents or samples.
- Avoid contact of substrate solution with oxidizing agents and metal.
- Avoid splashing or generation of aerosols.
- To avoid microbial contamination or cross-contamination of reagents or samples that may invalidate the test, use disposable pipette tips and/or pipettes.
- Use clean, dedicated reagent trays for dispensing the conjugate and substrate reagent.
- Exposure to acid inactivates the conjugate.
- Glass-distilled water or deionized water must be used for reagent preparation.
- Substrate solution must be at room temperature prior to use.
- Decontaminate and dispose samples and all potentially contaminated materials as if they could contain infectious agents. The preferred method of decontamination is autoclaving for a minimum of 1 hour at 121.5°C.
- Liquid wastes not containing acid and neutralized waste may be mixed with sodium hypochlorite in volumes such that the final mixture contains 1.0% sodium hypochlorite. Allow 30 minutes for effective decontamination. Liquid waste containing acid must be neutralized prior to the addition of sodium hypochlorite.

Preparation of reagents

- 1. Buffer Concentrates should be brought to room temperature and should be diluted before starting the test procedure.
- 2. If crystals have formed in the Buffer Concentrates, warm them gently until they have completely dissolved.

Wash buffer (1x)

- Pour entire contents (50 mL) of the Wash Buffer Concentrate (20x) into a clean 1000 mL graduated cylinder. Bring to final volume of 1000 mL with glass-distilled or deionized water. Mix gently to avoid foaming.
- Transfer to a clean wash bottle and store at 2° to 25°C. Please note that Wash Buffer (1x) is stable for 30 days.
- **3.** Wash Buffer (1x) may also be prepared as needed according to the following table:

Number of Strips	Wash Buffer Concentrate (20x) (mL)	Distilled Water (mL)	
1 - 6	25	475	
1 - 12	50	950	

Assay buffer (1x)

- 1. Pour the entire contents (5 mL) of the Assay Buffer Concentrate (20x) into a clean 100 mL graduated cylinder. Bring to final volume of 100 mL with distilled water. Mix gently to avoid foaming.
- **2.** Store at 2–8°C. The Assay Buffer (1x) is stable for 30 days.
- **3.** Assay Buffer (1x) may also be prepared as needed according to the following table:

Number of Strips	Assay Buffer Concentrate (20x) (mL)	Distilled Water (mL)	
1-6	2.5	47.5	
1–12	5.0	95.0	

Biotin-Conjugate

Note: The Biotin-Conjugate should be used within 30 minutes after dilution.

Make a 1:100 dilution of the concentrated Biotin-Conjugate solution with Assay Buffer (1x) in a clean plastic tube as needed according to the following table:

Number of Strips	Biotin-Conjugate (mL)	Assay Buffer (1x) (mL)
1 - 6	0.06	5.94
1 - 12	0.12	11.88

Streptavidin-HRP

Note: The Streptavidin-HRP should be used within 30 minutes after dilution.

Make a 1:200 dilution of the concentrated Streptavidin-HRP solution with Assay Buffer (1x) in a clean plastic tube as needed according to the following table:

Number of Strips	Streptavidin-HRP (mL)	Assay Buffer (1x) (mL)
1 - 6	0.03	5.97
1 - 12	0.06	11.94

Human FABP-3 standard

- 1. Reconstitute human FABP-3 standard by addition of distilled water.
- 2. Reconstitution volume is stated on the label of the standard vial. Swirl or mix gently to insure complete and homogeneous solubilization (concentration of reconstituted standard = 10000 pg/mL).
- **3.** Allow the standard to reconstitute for 10-30 minutes. Mix well prior to making dilutions.
- **4.** After usage remaining standard cannot be stored and has to be discarded.
- **5.** Standard dilutions can be prepared directly on the microwell plate (see "Test protocol" on page 4) or alternatively in tubes (see "External standard dilution" on page 3).

External standard dilution

- 1. Label 6 tubes, one for each standard point: S1, S2, S3, S4, S5, S6.
- 2. Prepare 1:2 serial dilutions for the standard curve as follows: Pipette 225 μL of Sample Diluent into each tube.
- Pipette 225 μL of reconstituted standard (concentration = 10000 pg/mL) into the first tube, labeled S1, and mix (concentration of standard 1 = 5000 pg/mL).
- 4. Pipette 225 μ L of this dilution into the second tube, labeled S2, and mix thoroughly before the next transfer.
- **5.** Repeat serial dilutions 4 more times thus creating the points of the standard curve (see Figure 7).

Sample Diluent serves as blank.

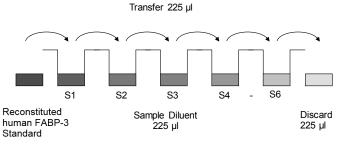


Fig. 7 Dilute standards - tubes

Test protocol

- Determine the number of microwell strips required to test the desired number of samples plus appropriate number of wells needed for running blanks and standards. Each sample, standard, blank and optional control sample should be assayed in duplicate. Remove extra microwell strips from holder and store in foil bag with the desiccant provided at 2°-8°C sealed tightly.
- 2. Wash the microwell strips twice with approximately 400 μ L Wash Buffer per well with thorough aspiration of microwell contents between washes. Allow the Wash Buffer to sit in the wells for about 10 15 seconds before aspiration. Take care not to scratch the surface of the microwells.

After the last wash step, empty wells and tap microwell strips on absorbent pad or paper towel to remove excess Wash Buffer. Use the microwell strips immediately after washing. Alternatively microwell strips can be placed upside down on a wet absorbent paper for not longer than 15 minutes. Do not allow wells to dry.

3. <u>Standard dilution on the microwell plate</u> (Alternatively the standard dilution can be prepared in tubes - see "External standard dilution" on page 3)

Add 100 μ L of Sample Diluent in duplicate to all standard wells. Pipette 100 μ L of prepared standard (see "Human FABP-3 standard" on page 3, concentration = 10000 pg/mL) in duplicate into well A1 and A2 (see Table 1). Mix the contents of wells A1 and A2 by repeated aspiration and ejection (concentration of standard 1, S1 = 5000 pg/mL), and transfer 100 μ L to wells B1 and B2, respectively (see Figure 8). Take care not to scratch the inner surface of the microwells. Continue this procedure 4 times, creating two rows of human FABP-3 standard dilutions ranging from 5000 to 156.3 pg/mL. Discard 100 μ L of the contents from the last microwells (S6) used.

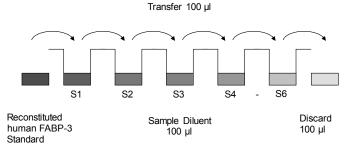


Fig. 8 Dilute standards - microwell plate

Table 1 Ta	able depicting an example of the arrangement of	
blanks, sta	andards and samples in the microwell strips:	

	1	2	3	4
A	Standard 1 (5000 pg/mL)	Standard 1 (5000 pg/mL)	Sample 1	Sample 1
В	Standard 2 (2500 pg/mL)	Standard 2 (2500 pg/mL)	Sample 2	Sample 2
С	Standard 3 (1250 pg/mL)	Standard 3 (1250 pg/mL)	Sample 3	Sample 3
D	Standard 4 (625 pg/mL)	Standard 4 (625 pg/mL)	Sample 4	Sample 4
E	Standard 5 (312.5 pg/mL)	Standard 5 (312.5 pg/mL)	Sample 5	Sample 5
F	Standard 6 (156.3 pg/mL)	Standard 6 (156.3 pg/mL)	Sample 6	Sample 6
G	Blank	Blank	Sample 7	Sample 7

In case of an <u>external standard dilution</u> (see "External standard dilution" on page 3), pipette 100 μ L of these standard dilutions (S1 - S6) in the standard wells according to Table 1.

- 4. Add 100 µL of Sample Diluent in duplicate to the blank wells.
- 5. Add 50 μ L of Sample Diluent to the sample wells.
- 6. Add 50 μ L of each sample in duplicate to the sample wells.
- 7. Cover with an adhesive film and incubate at room temperature (18 to 25°C) for 2 hours, on a microplate shaker.

- 8. Prepare Biotin-Conjugate (see "Biotin-Conjugate" on page 3).
- **9.** Remove adhesive film and empty wells. Wash microwell strips 4 times according to point 2 of the test protocol
- 10. Add 100 μ L of Biotin-Conjugate to all wells, including blank wells.
- **11.** Cover with an adhesive film and incubate at room temperature (18 to 25°C) for 1 hour, if available on a microplate shaker.
- 12. Prepare Streptavidin-HRP (see "Streptavidin-HRP" on page 3).
- **13.** Remove adhesive film and empty wells. Wash microwell strips 4 times according to point 2 of the test protocol.
- 14. Pipette 100 μL of diluted Streptavidin-HRP to all wells, including blanks.
- **15.** Cover with an adhesive film and incubate at room temperature (18 to 25°C) for 30 minutes on a microplate shaker.
- **16.** Remove adhesive film and empty wells. Wash microwell strips 4 times according to point 2 of the test protocol.
- 17. Pipette 100 μ L of TMB Substrate Solution to all wells.
- Incubate the microwell strips at room temperature (18° to 25°C) for about 30 min. Avoid direct exposure to intense light.

The color development on the plate should be monitored and the substrate reaction stopped (see next point of this protocol) before positive wells are no longer properly recordable. Determination of the ideal time period for color development has to be done individually for each assay.

It is recommended to add the stop solution when the highest standard has developed a dark blue color. Alternatively the color development can be monitored by the ELISA reader at 620 nm. The substrate reaction should be stopped as soon as Standard 1 has reached an OD of 0.9 - 0.95.

- 19. Stop the enzyme reaction by quickly pipetting 100 μ L of Stop Solution into each well. It is important that the Stop Solution is spread quickly and uniformly throughout the microwells to completely inactivate the enzyme. Results must be read immediately after the Stop Solution is added or within one hour if the microwell strips are stored at 2 8°C in the dark.
- **20.** Read absorbance of each microwell on a spectro-photometer using 450 nm as the primary wave length (optionally 620 nm as the reference wave length; 610 nm to 650 nm is acceptable). Blank the plate reader according to the manufacturer's instructions by using the blank wells. Determine the absorbance of both the samples and the standards.

Note: If instructions of this protocol have been followed samples have been diluted 1:2, the concentration read from the standard curve must be multiplied by the dilution factor (x2).

Note: Shaking is absolutely necessary to obtain optimal test results.

Calculation of results

- Calculate the average absorbance values for each set of duplicate standards and samples. Duplicates should be within 20 percent of the mean value.
- Create a standard curve by plotting the mean absorbance for each standard concentration on the ordinate against the human FABP-3 concentration on the abscissa. Draw a best fit curve through the points of the graph (a 5-parameter curve fit is recommended).
- To determine the concentration of circulating human FABP-3 for each sample, first find the mean absorbance value on the ordinate and extend a horizontal line to the standard curve. At the point of intersection, extend a vertical line to the abscissa and read the corresponding human FABP-3 concentration.
- If instructions in this protocol have been followed, samples have been diluted 1:2 (50 μ L sample + 50 μ L Sample Diluent), the concentration read from the standard curve must be multiplied by the dilution factor (x 2).

- Calculation of samples with a concentration exceeding standard 1 will result in incorrect, low human FABP-3 levels (Hook Effect). Such samples require further external predilution according to expected human FABP-3 values with Sample Diluent in order to precisely quantitate the actual human FABP-3 level.
- It is suggested that each testing facility establishes a control sample of known human FABP-3 concentration and runs this additional control with each assay. If the values obtained are not within the expected range of the control, the assay results may be invalid.
- A representative standard curve is shown in Figure 9.

Note: Do not use this standard curve to derive test results. Each laboratory must prepare a standard curve for each group of microwell strips assayed.

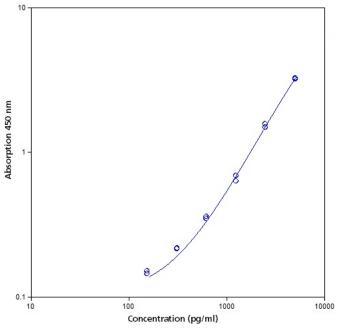


Fig. 9 Representative standard curve for human FABP-3 ELISA. Human FABP-3 was diluted in serial 2-fold steps in Sample Diluent.

Table 2	Typical data using the human FABP-3 ELISA	
Measuri	ng wavelength: 450 nm, Reference wavelength: 620 n	m

Standard	Human FABP-3 Concentration (pg/mL)	0.D. at 450 nm	Mean O.D. at 450 nm	C.V. (%)
1	5000	3.200 3.229	3.215	0.5
2	2500	1.478 1.553	1.516	2.5
3	1250	0.681 0.626	0.653	4.2
4	625	0.357 0.345	0.351	1.7
5	312.5	0.214 0.216	0.215	0.6
6	156.3	0.145 0.144	0.147	1.8
Blank	0.0808	0.081 0.079	0.080	1.1

The OD values of the standard curve may vary according to the conditions of assay performance (e.g., operator, pipetting technique, washing technique, or temperature effects). Furthermore, shelf life of the kit may affect enzymatic activity and thus color intensity. Values measured are still valid.

Limitations

- Since exact conditions may vary from assay to assay, a standard curve must be established for every run.
- Bacterial or fungal contamination of either screen samples or reagents or cross-contamination between reagents may cause erroneous results.
- Disposable pipette tips, flasks or glassware are preferred, reusable glassware must be washed and thoroughly rinsed of all detergents before use.
- Improper or insufficient washing at any stage of the procedure will result in either false positive or false negative results. Empty wells completely before dispensing fresh wash solution, fill with Wash Buffer as indicated for each wash cycle and do not allow wells to sit uncovered or dry for extended periods.

Performance characteristics

Sensitivity

The limit of detection of human FABP-3 defined as the analyte concentration resulting in an absorbance significantly higher than that of the dilution medium (mean plus 2 standard deviations) was determined to be 26.88 pg/ml (mean of 3 independent assays).

Reproducibility

Intra-assay

Reproducibility within the assay was evaluated in 3 independent experiments. Each assay was carried out with 6 replicates of serum and plasma samples containing different concentrations of human FABP-3. 2 standard curves were run on each plate. Data below show the mean human FABP-3 concentration and the coefficient of variation for each sample (seeTable 3). The calculated overall intra-assay coefficient of variation was 3.9%.

 $\mbox{Table 3}\ \mbox{The mean human FABP-3 concentration and the coefficient of variation for each sample}$

Sample	Experiment	Mean Human FABP-3 Concentration (pg/mL)	Coefficient of Variation (%)
	1	8252.2	2.0
1	2	7865.8	3.3
	3	7764.8	1.9
	1	5158.6	1.8
2	2	5012.4	1.8
	3	4563.7	4.7
	1	1326.9	3.0
3	2	1180.5	3.9
	3	1176.1	2.2
	1	1038.7	5.4
4	2	854.9	15.0
	3	862.2	6.8
	1	865.0	4.8
5	2	791.5	3.2
	3	730.8	5.0
	1	3005.5	3.9
6	2	3070.8	2.2
	3	2928.7	2.6
	1	3157.7	2.3
7	2	3156.3	2.4
	3	2958.7	4.0
	1	1117.0	1.1
8	2	1048.4	1.9
	3	964.0	8.3

Inter-assay

Assay to assay reproducibility within one laboratory was evaluated in 3 independent experiments. Each assay was carried out with 6 replicates of serum and plasma samples containing different concentrations of human FABP-3. 2 standard curves were run on each plate. Data below show the mean human FABP-3 concentration and the coefficient of variation calculated on 18 determinations of each sample (see Table 4). The calculated overall inter-assay coefficient of variation was 6.2%.

Sample	Mean Human FABP-3 Concentration (pg/mL)	Coefficient of Variation (%)
1	7960.9	3.2
2	4911.6	6.3
3	1227.9	7.0
4	918.6	11.3
5	795.8	8.4
6	3001.7	2.4
7	3090.9	3.7
8	1043.1	7.3

Spike recovery

The spike recovery was evaluated by spiking 2 levels of human FABP-3 into serum, plasma (EDTA, heparin, citrate) and cell culture supernatant. Recoveries were determined with 2 replicates each. The amount of endogenous human FABP-3 in unspiked samples was subtracted from the spike values.

Table 5

Sample matrix	Spike high		Spike Medium	
Sample matrix	Mean (%)	Range (%)	Mean (%)	Range (%)
Serum	70	52 – 82	67	45 – 90
Plasma (EDTA)	80	68 – 93	69	60 – 78
Plasma (Citrate)	80	70 – 89	80	62 – 98
Plasma (Heparin)	78	72 – 86	78	64 - 87
Cell culture supernatant	96	95 – 96	75	73 – 77

Dilution parallelism

Serum, plasma (EDTA, citrate, heparin), and cell culture samples with different levels of human FABP-3 were analysed at serial 2 fold dilutions with 4 replicates each.

Table 6

Comulo motaiv	Dilution	Recovery of Expected Values	
Sample matrix	Dilution	Mean (%)	Range (%)
	4	79	75 - 82
Serum	8	100	91 - 119
	16	106	92 - 117
	4	94	91 - 97
Plasma (EDTA)	8	101	87 - 117
	16	106	102 - 119
	4	93	92 - 94
Plasma (citrate)	8	104	96 - 108
	16	103	91 - 119
	4	90	80 - 96
Plasma (heparin)	8	90	82 - 107
	16	111	96 - 136
Call authors	4	96	96 - 96
Cell culture supernatant	8	97	96 - 99
Supernatalit	16	86	84 - 88

Sample stability

Freeze-Thaw stability

Aliquots of serum were stored at -20°C and thawed 3 times, and the human FABP-3 levels determined. There was no significant loss of human FABP-3 immunoreactivity detected by freezing and thawing.

Storage stability

Aliquots of serum were stored at -20°C, 2-8°C, room temperature (RT) and at 37°C, and the human FABP-3 level determined after 24 h. There was no significant loss of human FABP-3 immunoreactivity detected during storage under above conditions.

Specificity

The assay detects both natural and recombinant human FABP-3. There was no cross reactivity or interference detected.

Expected values

Panels of 40 serum as well as plasma samples (EDTA, citrate, heparin), from randomly selected healthy donors (males and females) were tested for FABP-3.

Table 7

Sample matrix	Number of samples evaluated	Mean (pg/mL)	Range (pg/mL)	Standard deviation (pg/mL)
Serum	40	1977	480 - 11118	1784
Plasma (EDTA)	40	1599	176 - 10343	1586
Plasma (citrate)	40	1395	373 - 4888	903
Plasma (heparin)	40	2385	942- 4916	915

Note: The levels measured may vary with the sample collection used.

Reagent preparation summary

Wash buffer (1x)

Add Wash Buffer Concentrate 20x (50 mL) to 950 mL distilled water.

Number of Strips	Wash Buffer Concentrate (mL)	Distilled Water (mL)
1 - 6	25	475
1 - 12	50	950

Assay buffer (1x)

Add Assay Buffer Concentrate 20x (5 mL) to 95 mL distilled water.

Number of Strips	Assay Buffer Concentrate (mL)	Distilled Water (mL)
1-6	2.5	47.5
1–12	5.0	95.0

Biotin-Conjugate

Make a 1:100 dilution of the concentrated Biotin-Conjugate solution with Assay Buffer (1x) in a clean plastic tube as needed according to the following table:

Number of Strips	Biotin-Conjugate (mL)	Assay Buffer (1x) (mL)
1 - 6	0.06	5.94
1 - 12	0.12	11.88

Streptavidin-HRP

Make a 1:200 dilution of the concentrated Streptavidin-HRP solution with Assay Buffer (1x) in a clean plastic tube as needed according to the following table:

Number of Strips	Streptavidin-HRP (mL)	Assay Buffer (1x) (mL)
1 - 6	0.03	5.97
1 - 12	0.06	11.94

Human FABP-3 standard

Reconstitute human FABP-3 standard with distilled water. (Reconstitution volume is stated on the label of the standard vial.)

Test protocol summary

- 1. Determine the number of microwell strips required.
- 2. Wash microwell strips twice with Wash Buffer.
- Standard dilution on the microwell plate: Add 100 μL Sample Diluent, in duplicate, to all standard wells. Pipette 100 μL prepared standard into the first wells and create standard dilutions by transferring 100 μL from well to well. Discard 100 μL from the last wells.

Alternatively <u>external standard dilution</u> in tubes (see "External standard dilution" on page 3): Pipette 100 μ L of these standard dilutions in the microwell strips.

- 4. Add 100 µL Sample Diluent, in duplicate, to the blank wells.
- 5. Add 50 μ L Sample Diluent to sample wells.
- 6. Add 50 μ L sample in duplicate, to designated sample wells.
- 7. Cover microwell strips and incubate 2 hours at room temperature (18°-25°C) on a microplate shaker.
- 8. Prepare Biotin-Conjugate.
- 9. Empty and wash microwell strips 4 times with Wash Buffer.
- **10.** Add 100 µl diluted Biotin-Conjugate to all wells.
- 11. Cover microwell strips and incubate 1 hour at room temperature (18° to 25°C).
- 12. Prepare Streptavidin-HRP.
- **13.** Empty and wash microwell strips 4 times with Wash Buffer.
- 14. Add 100 μl diluted Streptavidin-HRP to all wells.
- **15.** Cover microwell strips and incubate for about 30 minutes at room temperature (18° to 25°C) on a microplate shaker.
- **16.** Empty and wash microwell strips 4 times with Wash Buffer.
- 17. Add 100 μ l of TMB Substrate Solution to all wells.
- Incubate the microwell strips for about 30 minutes at room temperature (18°C to 25°C).

19. Add 100 μl Stop Solution to all wells.

20. Blank microwell reader and measure colour intensity at 450 nm.

Note: If instructions in this protocol have been followed, samples have been diluted 1:2, then the concentration read from the standard curve must be multiplied by the dilution factor (x 2).

Note: Shaking is absolutely necessary to obtain optimal test results.

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